R 291828Z JUL 10 FM COMDT COGARD WASHINGTON DC//CG-11// TO ALCOAST BT UNCLAS //N06200// ALCOAST 400/10 COMDTNOTE 6200

SUBJ: 2010-2011 SEASONAL INFLUENZA (FLU) IMMUNIZATION PROGRAM A. IMMUNIZATIONS AND CHEMOPROPHYLAXIS, COMDTINST M6230.4 (SERIES) 1. ANNUAL SEASONAL INFLUENZA (FLU) IMMUNIZATION IS MANDATORY FOR ALL COAST GUARD (CG) ACTIVE DUTY (AD) AND SELECTED RESERVE (SELRES) PERSONNEL TO ENSURE CG FORCE MEDICAL READINESS AND AVOID DISRUPTION OF CG MISSIONS.

- 2. COMMANDING OFFICERS ARE RESPONSIBLE FOR ENSURING PERSONNEL IMMUNIZATION READINESS, INCLUDING THE SEASONAL FLU VACCINE. THIS YEAR THE NOVEL H1N1 FLU VACCINE HAS BEEN COMBINED WITH THE SEASONAL FLU VACCINE. ONE IMMUNIZATION WILL PROTECT AGAINST THREE STRAINS OF INFLUENZA. CG MEMBERS MAY RECEIVE THE FLU IMMUNIZATION AFTER 01AUG10 AS SUPPLIES BECOME AVAILABLE. AD AND SELRES MEMBERS SHALL ACHIEVE 100 PERCENT COMPLIANCE NLT 01 DEC 2010.
- 3. SEASONAL FLU IMMUNIZATION FOR CG MEMBERS SHALL BE ENTERED INTO THE MEDICAL READINESS REPORTING SYSTEM (MRRS). EXEMPTIONS TO THE SEASONAL FLU IMMUNIZATION MAY BE CONSIDERED IN ACCORDANCE WITH REF A.
- 4. THERE ARE TWO SEASONAL FLU VACCINE OPTIONS NASAL SPRAY (FLUMIST) OR INJECTABLE. FLUMIST CAN BE USED FOR INDIVIDUALS, AGES 2-49 YEARS, WHO HAVE NO MEDICAL CONTRAINDICATIONS. DISCUSS YOUR MEDICAL HISTORY WITH YOUR PRIMARY CARE MANAGER (PCM) TO DETERMINE THE BEST VACCINE CHOICE FOR YOU. FLUMIST IS NOT AUTHORIZED FOR PERSONNEL ON ACTIVE FLIGHT OR DIVING STATUS. 5. ELIGIBILITY: AD, SELRES PERSONNEL, DEPLOYING CIVILIAN EMPLOYEES AND CIVILIAN HEALTHCARE EMPLOYEES PROVIDING DIRECT PATIENT CARE ARE THE HIGHEST PRIORITY GROUPS. OTHER DEERS-ELIGIBLE BENEFICIARIES DEEMED HIGH RISK BY THE CENTERS FOR DISEASE CONTROL AND PREVENTION
- (CDC) CRITERIA ARE THE NEXT HIGHEST PRIORITY. SICKBAYS SHALL WORK WITH THEIR SUPPORTING REGIONAL PHARMACY EXECUTIVE (RPE) TO ENSURE ADEQUATE VACCINE AVAILABILITY FOR AD AND SELRES IN THEIR AOR. CLINICS SHALL ORDER AN ADEQUATE AMOUNT OF VACCINE FOR AD, SELRES, AND ENROLLED HIGH RISK BENEFICIARIES. ONCE THESE PRIORITY POPULATIONS ARE IMMUNIZED, CLINICS MAY OFFER THE FLU IMMUNIZATION TO ALL OTHER BENEFICIARIES, AND THEN ALL CG CIVILIAN EMPLOYEES AS SUPPLIES ALLOW.
- 6. IT IS PREFERRED THAT AD AND SELRES MEMBERS RECEIVE THEIR VACCINE AT A CG CLINIC/SICKBAY. HOWEVER, SEASONAL FLU VACCINES ARE AVAILABLE FOR ELIGIBLE TRICARE BENEFICIARIES BY ANY TRICARE AUTHORIZED PROVIDER THROUGH ONE OF THE NETWORK PHARMACIES THAT PARTICIPATES IN THE VACCINATION PROGRAM AT NO COST. TO LOCATE A PARTICIPATING PHARMACY VISIT www.express-scripts.com/tricare OR CALL 1-877-363-1303. AD AND SELRES MEMBERS WHO CHOOSE TO OBTAIN THEIR SEASONAL FLU VACCINE THROUGH THIS AVENUE MUST OBTAIN FLU VACCINE IMMUNIZATION DOCUMENTATION AT THE TIME OF THE IMMUNIZATION AND FORWARD TO THEIR RESPECTIVE CG MEDICAL READINESS POC IN A TIMELY MANNER FOR DOCUMENTATION INTO MRRS.
- 7. TAKING SIMPLE DAILY PRECAUTIONS CAN HELP PREVENT ILLNESS AND TRANSMISSION OF SEASONAL FLU. COVER YOUR COUGH OR SNEEZE, PRACTICE GOOD HYGIENE BY WASHING HANDS OFTEN AND USING ALCOHOL BASED HAND SANITIZER, AND USING DISINFECTANT WIPES TO CLEAN YOUR WORK AREA. FOR MORE INFORMATION ON

SEASONAL INFLUENZA AND PREVENTIVE MEASURES, GO TO THE CDC WEBSITE AT HTTP: WWW.CDC.GOV/FLU.

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10. INTERNET RELEASE AUTHORIZED.